Side by side. Every step of the way.

CANCER SERVICES OF NORTHEAST INDIANA ♦ JUNE 2020 ♦ VOL 77 ♦ ISSUE 2

Adapting and pivoting

Adapting. Pivoting. Constantly changing rules. It has been a dizzying couple of months.

On March 20, Cancer Services of Northeast Indiana's staff began working from home to provide the services and support that families dealing with cancer depend upon. Hospital beds still got delivered, nutritional drink and wound care supplies were staged for "contact-less" pick-up. Counselors met with people over Zoom and phone calls. People mailed and faxed their financial needs. It wasn't easy, but I am so proud of how the Cancer Services team responded.

Whether someone needs a companion to walk with them through cancer treatment, a resource for information or a community of support, Cancer Services is here even during a pandemic. The board and staff all focused on the best ways to safely serve the mission of Cancer Services. Because of their commitment, there were no unmet needs during this time and most programs continued to experience a participation level of 90% of the rate before coronavirus struck.

Not having the usual assistance from volunteers remains a monumental challenge. This mission depends on their help (and we really miss seeing their faces).

We have begun the process of returning to the office and are hopeful that later this summer the massage therapists will be able to resume the relaxing and healing touch they provide. We know how much our class participants miss tai chi, yoga, meditation and seeing each other. With the guidance of our physician liaison Dr. David Trenkner, we are monitoring the coronavirus statistics and the advice of the CDC. We will continue opening up classes and programs as soon as we know it is safe to do so.

In the midst of all this, some good news almost got missed. The CDC's National Center for Health Statistics reported that cancer death rates decreased every year from 1999 to 2018, leading to a 26% drop overall. Lung cancer is still the leading cause of cancer death, but those death rates decreased 37%. Death rates also decreased in 15 other common cancers including colorectal, female breast, and prostate.

bbon*walk*

Local Families Dealing with Cance cer Services of Northeast Indiana



Dianne May, President and CEO of Cancer Services of Northeast Indiana

People are surviving and thriving after a cancer diagnosis. Whether someone needs a companion to walk with them through cancer treatment, a resource for information or a community of support, Cancer Services is here—even during a pandemic. And the ONLY reason the organization exists is because of donor support. Your dollars take care of what insurance doesn't cover and what families need to care for their loved ones. It wouldn't happen without you. So, thank you for sticking with us during this difficult time. You have embodied the phrase, *"we're all in this together."*



We want to keep you informed.

Please share your email address with us by emailing Events@cancer-services.org.

Thank you for your support!

Because of your support, the 2020 Ribbon Walk raised more than \$40,000 to support local people with cancer. Thank you to all of the participants, supporters and sponsors who made this possible!

Cancer Services remains committed to providing personal and practical support to nearly 5,000 local people touched by cancer. We need your help now more than ever. You can make a donation at www.cancer-services.org, or you can drop off a donation at Cancer Services, 6316 Mutual Dr., Fort Wayne, IN 46825.

TOP 3 TEAMS:

- 1. Heart & Sole
- 2. Fire Police City County FCU
- 3. Prostate Warriors

TOP 3 SUPPORTERS:

- 1. Kimberly Corya
- 2. Cheryl Dafforn
- 3. James Pushkar

Thankyou

Giving between 3/1/2020 - 5/25/2020

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Cancer Services is entirely supported by charitable contributions. Some support comes from local foundations, but it is the individual donors who make the most impact - sending regular checks, buying tickets to fundraising events, and walking to raise money with friends. These gifts come with "no strings attached," which means we are able to fund innovative new programming and balance resources so that people can get what they need when they need it.

When you read this list of amazing donors and wonder if your gift matters, please know that the organization wouldn't exist without it.

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Thanks to all who gave to Cancer Services between 3/1/2020 - 5/25/2020

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If we have misspelled your name or inadvertently left it off our list, please call 484-9560 so we can make a correction.



Remembering Linda Bewley

The Cancer Services family recently lost a colleague and friend. Long-time outreach coordinator Linda Bewley passed away unexpectedly in April. She retired a little over a year ago and was promoted to the role of volunteer. She recently helped plan Cancer Services' 75th Anniversary celebration and continued to tell people about the organization at health fairs across the region. Linda's gift of gab and love for people made her a fast friend to everyone she met. She always had time to hear someone's story and offer words of encouragement. Her co-workers mourn her loss alongside her husband, son and daughter, their spouses and two grandchildren she adored. We will miss her passion and spirit of caring with families fighting cancer. We will miss the comradery of being her coworker and friend.

Welcome Back



The hallways aren't the same without you. Cancer Services is looking forward to gradually opening our doors to select classes and programs in July.

While we haven't been able to gather in person, I hope you felt a part of Cancer Services in spirit. Our staff and facilitators remain committed to offering online resources to our clients and the greater community.

Ann Hathaway, **Program Director** of Education

We developed the Survivor Academy Online – a cache of tai chi, nutrition, yoga and guided mediation videos on Cancer Services' website for you to view at home.

..... Register for classes by contacting Ann Hathaway at ahathaway@cancer-services.org or (260) 484-9560 Ext. 351.

As classes resume, we are keeping everybody's safety at the forefront.

Beginning July 6, new policies are in place based on CDC guidelines:

1. All participants must wear a face mask at all times.

.....

2. A temperature check may be required for entry.

3. All classes and programs require pre-registration to comply with social distancing guidelines.

The number of attendants for each program will be limited to ensure social distancing. Priority for class attendance will be based on:

- 1. Those currently in treatment and their caregiver.
- 2. Those out of treatment and their caregiver.
- 3. Those attending for general health benefits.

Thank you for your patience as we navigate this "new normal." You can keep updated on class dates and times by visiting www.cancer-services.org.



Tai Chi Instructor Alan Clayton and Program Director of Education Ann Hathaway mark designated areas to help participants maintain a social distance.

Join our community!

All programs are free, open to the public and held at Cancer Services' Healing Arts Center, unless otherwise stated. Please call (260) 484-9560 or toll free at 866-484-9560 or email Ann Hathaway at ahathaway@cancer-services.org for more information or to make reservations.

July

Healthy Sizzling Summer Meal Ideas 2:00-3:30 p.m. Monday, July 13, 2020 or

11:00 a.m.- 12:30 p.m. Thursday, July 23, 2020

Presented by Sue Delagrange, MS, RDN, LD Discover the best healthy summer meal ideas using seasonal ingredients. Registration required.

Acupuncture and Cancer Treatment

5:30-7:00 p.m. Wednesday, July 15, 2020

Presented by Lauren Warner, DC, Lac

Learn how acupuncture can assist with pain management and stress relief. Registration required.

August

Therapeutic/Restorative Yoga

12:00 -1:00 p.m. Wednesday, August 5, 2020 Presented by Pranayoga

October

Adapting to Life after Cancer

9:00 a.m.- 12:00 p.m. Wednesday, October 17, 2020

Presented by Shelley A. Johns, PsyD, ABPP, Assistant Professor of Medicine at Indiana University School of Medicine

Location: TBD

This workshop offers help for cancer survivors who fear a reoccurrence. Participants will learn resiliency skills that promote well-being. This interactive workshop is appropriate for people with any type of cancer who have finished treatment. Registration required as class size is limited.

Class Updates

The monthly Art Side By Side program and weekly Stretching class will not be meeting for the remaining months of 2020.

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Tom Abernathey In memory of Madeline Harting Edward Ade In honor of Matt Day Allstar Communications Ann Altena Yolanda Alzaga Anonymous In memory of Goldie Gebhart Jim & Gloria Baals Teresa Bair Julie Barnard - God bless you. Alex Barr Bob and Martha Barry



Connie Carman

Robin Bauer - Go Kasischkebobs Go!! John Beard From John Beard & family in honor and memory of Lori Pushkar Robert Beigh

Sara Beiswanger

Starr Bell - Thanks for all you do to make cancer patients feel comfortable! Anna Belote In honor of Duke Marsh. Keep fighting. You're a winner and we love you. Michelle Bennett

Brad Bertsch

Cynthia Bertsch

Sandra Bertsch



Mary from Fire Police City County Federal Credit Union



Stacey Cripe (front), Denise Kasischke, Leanne Kasischke, Jaison Kasischke and Josh Cripe

Linda and George Bewley Sharon Black In honor of Kelly Crago Beth Bloom John and Gayle Bloom Mary Beth Bloom Sue Blotkamp In honor of my role model, Marsha! Mai Bond Mark Bontrager Jackie Booth



Amanda from Fire Police City County Federal Credit Union

Jacqueline Borozan

Anita Bowers - Marty, John thought we should send a donation in memory of Agnes, too. You and Lori were always so special to us and I'll never forget the kindness you gave my grandchildren. Love and prayers, dear friend. Anita Bowers - Love to you and Lori. Dan Brandenburg - Prostate cancer survivor Sandra Brewer **Brooks Construction** Brotherhood Mutual Foundation, Inc. Kayla Brotherton Mary Catherine (Cathy) Brown In memory of Lori Pushkar Thomas and Eloise Brown Robert Bruce Kim Brumet Priscilla Burdge Taylor Burnett Diane Calinski Klixi Cannon In honor of Kenzie Reese

Frank Cantello

Lauri Carnahan - Dave and I are praying for you. Mike! Holly Carpenter - In memory of Ron Koch Holly Carpenter - In memory of Gary Shippy Keiara Carr - In honor of Bart Simpson. We're here to support you! Kathy Carrier - In honor of Cheryl Dafforn -Roses are red, You've been through a lot. Our prayers are with you! We're on your team, in your spot! Dave and Kathy Carrier (drivers extraordinaire) Joanne Cartwright Rebecca Castel Lisa Caudill - The most amazing woman I've ever met. Lori Chamness Alan Clayton Annette Clem Julie Copeland Denise Corbin-Kumar Kim Corva Matt Corya - Thank you Kim, for making this a priority once again this year! - Long-Distance hugs from the Georgia Clan! Julie Crane Michelle Creager Thomas Cripe Angela Crum Pam Crum Dan Culbertson Glenda Curry Karen Cwynar In memory of Lori Pushkar. Love you Marty! XOXO Cheryl Dafforn In memory of Linda Bewley Cora Daler



Cora Daler and Joslyn Widmer

Birtha Dancler-Conard In memory of Scott Dafforn Matt Day Brenda Dennis Kay Desjardins Susan Devito **Dignity Memorial** Michael Dohse In memory of Monty Dohse Kelly Dreibelbis Debra Durnell Nikki Eakright Jo Ellen Rush - God Bless all the Cancer Services employees, clients, and find raisers. Renee Ely Jill Engle Jody Falk



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Melissa Gasmen Kris Gilman Denise Glasser Ron Glotzbach In memory of Suan Goldtzbach. Your organization was so kind and supportive to my wife as she battled cancer from 2015 to 2018. You are to be blessed. Jill Gokenbach Joy Gray Dennis Greaf In memory of Pat Ripely, Godspeed my friend. RIP Denise Grohnke Michael Gross Virginia Gross Robert Gudorf - Happy Easter Roberta Hackett Beth Haffner Marsha Haffner In honor of Peter Pan Terika Haller In memory of Pamela Saylor Shirley Halterman - Thinking of Joanne. Nora Hamman In honor of my sister Ruth. One of the strongest persons I know. She has conquered so many challenges throughout life. I pray she will conquer her current battle with brain cancer. **Courtney Harbers** Jocelyn Harmon David Harris Glynda Harris - Thanks for all you do to support cancer survivors Michael Harris Susan Harris Patricia Harter Toni Hatfield In Loving Memory of Laura Corya Ann Hathaway Thomas Hathaway Catherine Hause



Marsha Haffner

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Dianne May

September McConnell Beth & Mike McMillen In honor of Ian McMillen Anita McQueen In memory of Anita McQueen Ronald McQueen M-D Choice Medical Supply Amy Medina Pamela Miller Carol Moore



Katherine McAulay and family

Casey Knapp

Philip Koehl Ruth Koomler Laurale Kreps Rebecca Kreps Kroger Erin Kwaske - Awesome cause! You guys raised such an awesome kid:) And in memory of Diane Kwaske Terry Lecorchick Laura Lefever Darlene Lehman Amy Lepper - It was the video that did it for me! Proud of this cute little girl with a big heart! Thaddeus Levy In memory of Pam Saylor. She was a great lady and a good friend for many years. We miss her! Laurel Lock Scott Longardner Kelli Luke - You're the best Marty! Love ya! And in memory of Allan Luke Ally Lundquist Austin Lundquist Karon Luther In honor of Duane (Duke) Marsh Katherine Mac Aulay Carla MacDonald Lindsav Mallowe Laura Markham In honor of Sarah Charles Cindi Marsh In honor of Duke Marsh Diane Martin In honor of Xander Myers Marv Martin Mindy Martin **Gidget Mayes**

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Rick and Lori Ross

Cheryl Schneider Pam Schroeder - Happy to help! Marleen Scott Cathleen Scott-Slayback Chris Seidel Richard Seidel William Seidel Ray Serrani Daona Shakley Maureen Shippy - GO Team GAME ON!



Frank and Sandy Shoener Kayla Sickmiller Dr. Ed Singer Marijo Sliger Go team Vivian We love you all and will never forget that beautiful woman, sister, daughter, mother and friend. Arthur Slocum

Bill & Pat Smallwood In honor of Patricia Smallwood

Janice Smyth - Way to go Nikki!! Shelley Snyder

Alessandra Souers In honor of Bill Souers. We all love you so much and your strength

is such an inspiration. Ed & Kaylene Souers



Marie from Fire Police City County Federal Credit Union

The Hal Souers Family Kyle Spencer Leslie D Sperry Maurie Sperry Benjamin Spillner Vicki Spurling Keith Spurr Janet Steadman



Terry Lecorchick and James Pushkar

Julia Thill Sandra Thomas Nateshia Thompson-Witte Kirstin Throop Ralph and Sheri Trine Jeanette Troutner In memory of Max Troutner William Tucker Ashley Vandervelde Julie Velez Michele Vielhuber Cynthia Vince In memory of Tony Hayden Karen Wagner Theresa Walker In honor of Byron Carrier **Richard Warner** Peg Wegenka In memory of Laura Corya Mary Weiks

Desiree Willhite - Thank you for everything that you do! Ted Williams Teri Williams Natalie Witters Cheryl Wolever Patricia Wolf Mary Yoder



Stacey Stumpf, Jacque Wilson and Otis



Kristin from Fire Police City County Federal Credit Union



The Lehman Family created the "Ribbon Song" for this year's walk.

Kara Stumpf Stacey Stumpf Terri Stumpf In honor of Stacey Stumpf. Thanks for all you do to help so many others! - Dad & Terri Paulette Szkudlarek - Have a great time! Phil Tackett In memory of Lori Pushkar Laura Taliaferro Willlie Taylor Patricia Teegardin Susan Terfler Belinda Thacker Dennis & Dianna Thelen Paula Weiks Ethan Welch Lauren welch Maria Welch Patrick Welch William Wellsand Chapin Wentz Diane West Erin White Abby Widmer In memory of Louis Daler Jenni Widmer In honor of Jerry Pope Jenni Widmer In memory of Sally Perry Jenni Widmer In memory of Violet Origer Tricia Willard



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