# 2014

# Resources for Life Losses



Side by side. Every step of the way.

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# **Cameron Home Care and Hospice**

416 E. Maumee Street Angola, IN 46703 (260) 665-2141 ext. 2176

www.cameronmch.com

Email: cgreenamyer@cameronmch.com

**Steuben County Grief and Support Group** open to those who have experienced a loss through death. Group meets every Tuesday 4:30-6:00p.m. At Cameron Woods Senior Living Community in the private dining room (701 W. Harcourt Road, Angola, IN).

### **Cancer Services of Northeast Indiana**

6316 Mutual Drive Fort Wayne, IN 46825

(260) 484-9560

Toll Free: (866) 484-9560 www.cancer-services.org

- Adult Bereavement groups for grieving the death of a loved one from any cause (need not be cancer-related). Every Monday, 7:00-8:30PM and 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays each month, 2:00-3:30PM. Located in the Healing Arts Center at Cancer Services. Use 2<sup>nd</sup> entrance. Call for information. Co-sponsored by Cancer Services and Visiting Nurse.
- Invisible Ink® Writing Through Your Grief- This time-limited course helps you safely express what is in your heart after the death of a cherished love one. Through your own words, the path to healing your grief unfolds. With every letter you write, the peace you seek comes a little closer and the pain of your loss is transformed. Offered periodically in a small group setting, at no charge. Call for schedule. Co-sponsored by Cancer Services and Visiting Nurse.

# The Chapel

2505 West Hamilton Road Fort Wayne, IN 46814

(260) 625-6200

www.thechapel.net

### Contact:

# **Deb Kreiger**

*Grief Share* is a special weekly support group for people grieving the death of someone close. Please call for more information and meeting times.

### **DeMoney-Grimes Funeral Home**

600 Countryside Drive Columbia City, IN 46725 (260)244-5122

www.demoneygrimes.com

### Contact:

# Sharon Brockhaus, Grief Facilitator- Sharon@demoneygrimes.com

- *Tapestries*: support group for all who have experienced grief through death, meets 2<sup>nd</sup> Tuesday (Feb-May and July-Oct.) from 6:30-8:00 p.m., in Community Room.
- **The Compassionate Friends**: Grief support for parents who have lost children. Meets 1<sup>st</sup> Thursday of each month from 6:30-8:00 p.m. in the Community Room.
- **Holiday Helps Workshop**: Series of workshops focusing on coping skills needed for the difficult holiday season. Open to anyone who has experienced grief through death. Meets each Tuesday in November, 6:30-8:00p.m. in Community Room.
- **Annual Holiday Memorial Service**: A special memorial service for survivors who have experienced grief through death. Held on the first Saturday in December, 1pm & 4pm. Must call with loved ones name and to reserve at seat.
- *Kid's Grief Workshop*: 5 workshops a year: Valentines, Easter, Summer, Halloween, and Christmas. Average ages are 2-12 but all children are welcome. Remembering loved ones through crafts, but also having a party depending on the holiday. Dates vary depending on the holiday but it is always on Saturday from 1pm-3pm. Call to have you name put on the mailing list for our next workshop.
- *Herbie and Heidi Hug Bear*: Free to children of families we have served. Includes a specially written, personalized story and a huggable bear for children experiencing grief through death. The book and bear are available at nominal charge to all others.
- **One on One Support**: Individual support is available to families, free of charge on an as-needed basis.

# **Fellowship Missionary Church**

2536 E Tillman Rd Fort Wayne, IN 46816 (260)447-3578

www.fmcfw.org

## Contact:

### **Laura Harmon**

**Touchstones Support Group** is open to anyone who has experienced the loss of a loved one from any cause. It meets the first Monday of every month at 6:30pm in Room 108.

# **Heartland Home Health Care & Hospice**

1315 Directors Row, Suite 210 Fort Wayne, IN 46808 (260) 484-7622

### Contact:

# **Deb Guy or Donn Nichols**

Bereavement support opportunities are offered through educational and small group events, which focus on a variety of grief experiences. A bereavement newsletter and grief resources are available. All bereavement support is open to the community free of charge. Adult Bereavement Support Group is open to anyone who has experienced the loss of a loved one from any cause.

# **Parkview Home Health and Hospice**

1900 Carew Street, Suite 6 Fort Wayne, IN 46805 (260) 373-9800

### Contact:

Chaplain Karen Kosberg or Chris Brinneman, MSW, LCSW Call for more information.

### **Smith & Sons Funeral Home**

207 N. Main St. Columbia City, IN 46725 (260)244-7601

### Contact:

### **Gene Smith**

**Grief Assistance Program** Group sessions are facilitated by a professional licensed counselor from The Bowen Center. Call for information on meeting times.

### **Southern Care Hospice**

7557 West Jefferson, Suite 170 Fort Wayne, IN 46804

(260)432-6075

**Adult Bereavement Support Group** meets 1<sup>st</sup> Tuesday of each month at 5:30-6:30pm. Please call for location information.

### St. Peter's Lutheran Church

7710 E. State Blvd. Fort Wayne, IN 46815 (260) 749-5816

### Contact:

## Jan Hieber (260) 493-8714

Grief support ministry for those who have experienced the loss of a parent, spouse or child. This year long program provides simple contact via cards, phone calls and books.

### St. Vincent DePaul Catholic Church

1502 E. Wallen Rd Fort Wayne, IN 46825 (260)489-3537

### Contact:

**Therese Yankowiack** 

Adult Bereavement Support Group Please call for current group dates and times.

# **Visiting Nurse**

5910 Homestead Road Fort Wayne, IN 46814 (260) 435-3222

### Contact:

Bonnie Davis, MSW, LSW email: <a href="mailto:bonniedavis@vnfw.org">bonniedavis@vnfw.org</a>

Lili Carroll, MS email: <a href="mailto:lilicarroll@vnfw.org">lilicarroll@vnfw.org</a>

Provides bereavement support for patient families for 13 months or more, after the death of a loved one. Visiting Nurse hosts free bereavement educational programs, including retreats, for the general public (call for schedule), and provides bereavement support groups in conjunction with Cancer Services (call for schedule). Bereavement support available in Spanish. Professionals are available to speak to organizations and groups about hospice as well as grief and loss.

- Adult Bereavement Support Group, co-sponsored by Visiting Nurse and Cancer Services of Northeast Indiana; meets Mondays from 7-8:30p.m. Also 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of each month from 2-3:30p.m. at Cancer Services, 6316 Mutual Dr., Ft Wayne, IN 46825.
- Caring Continues, support group for caregivers adjusting to life after the death of their loved one, in collaboration with Aging and In-Home Services, on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of every month 2-3:30 pm at 2927 Lake Avenue, Fort Wayne, IN 46805. Free to the public. Call Bonnie Knuth (260) 435-3222 for more information.
- *Grieving Gracefully*, for women who have experienced the death of a spouse or significant other. Meetings are 2nd and 4th Wednesdays from 2-3:30p and 1st and 3rd Thursdays from 7-8:30p of each month at Visiting Nurse Grief Support, 6203 Constitution Dr, Ft Wayne, IN 46804.

# Visiting Nurse (continued)

- *Invisible Ink*, this time-limited course helps you safely express what is in your heart after the death of a cherished love one. Through your own words, the path to healing your grief unfolds. With every letter you write, the peace you seek comes a little closer and the pain of your loss is transformed. Offered periodically in a small group setting at no charge. In collaboration with Cancer Services of Northeast Indiana. Call Bonnie Davis or Lili Carroll at (260) 435-3222 for schedule.
- Latino Grief Support Group, weekly grief and loss support group in Spanish in collaboration with the Center for Nonviolence, 1<sup>st</sup> and 3rd Thursday from 10- 11:30a.m., at 235 West Creighton, Fort Wayne, IN 46807. Contact Lili Carroll at (260) 435-3222 for more information.
- **Men Moving on Support Group**, support group for men who are adjusting to life and moving forward after experiencing the death of their spouse or significant other. This group is available to the community free of charge. Meets 1st and 3rd Tuesday of every month, 5:30-6:30 pm at Visiting Nurse Grief Support, 6203 Constitution Dr., Ft Wayne, IN 46804. For more information call (260) 435-3222.
- Rising Above Loss & Grief, grief support for any loss due to death. A collaboration with Our Glorious King Anglican Church. Held 2<sup>nd</sup> & 4<sup>th</sup> Thursday monthly, 4:00pm-5:00pm at Our Glorious King Anglican Church, 404 Grayson Ave., Huntington, In 46750

# **Wabash Friends Counseling Center**

3563 South State Road 13 Wabash, IN 46992

(260) 563-8453 Alt. Phone: (877) 350-1658

www.wabashfriendscounseling.com

Contact: Stuart Hall, Clinical Director

Stuart Hall, Clinical Director

Email: stuart@wabashfriends.org

Offers Grief Share, a grief support group. Contact Stuart Hall for more information on meeting times

and location.

# **Burn Support**

## St. Joseph Hospital

700 Broadway Fort Wayne, IN 46802

(260) 425-3574

For people who have been burned and their families and friends. Meets monthly, usually the last Thursday of each month. Please call for more information.

# **Cancer Support**

### **Cancer Services of Northeast Indiana**

6316 Mutual Drive Fort Wayne, IN 46825

(260) 484-9560

Toll Free: (866) 484-9560 Fax: (260) 484-9572

www.cancer-services.org

Local non-profit organization providing for the day-to-day needs of people with cancer and their families. Professional advocates provide free emotional support, and information and referral. Other services include: medical equipment and supplies, wig salon, financial assistance, transportation programs, support groups, educational programs, exercise and massage. Most groups meet at Cancer Services' offices; however, others are held throughout the community. See website for current list of both cancer-specific and general cancer support groups. Cancer Services is open Mondays 9am-7pm and Tuesday-Friday 9am-5pm.

### **Lutheran Cancer Resource Center**

Lutheran Hospital
7910 W. Jefferson Blvd., Suite 109
Fort Wayne, IN 46804
(260) 435-7959

Support groups and individual consultations with oncology nurses. No fees for service. Individual support nurses are available Monday-Friday from 9am – 4pm.

# **Caregiver Support**

## **Aging & In-Home Services**

2927 Lake Avenue Fort Wayne, In 46804

(260) 745-1200 (800) 552-3552

### **Aging and In-Home Services**

Benjamin Rose institute on Aging (BRI) Consultation / Caregiver Support

A telephone or email caregiver information and coaching service for caregivers of people with chronic health conditions. Receive help to: manage care more effectively, find simple and practical solutions to caregiving challenges, find services and understand insurances, communicate effectively with family and health care professionals, prevent caregiving crises. Provides coaching and support to reduce caregiver: stress, burnout, depression or relationship strain. For more information, call Aging & In-Home Services at (260) 745-1200 or toll free (800) 552-3552.

# **Caregiver Support**

## **Men As Caregivers**

Crescent Avenue United Methodist Church 1232 Crescent Avenue Fort Wayne, IN 46805 (260) 424-4509

A support group for men who are providing care to a loved one for any health issue. A collaboration of Crescent Avenue UMC and Cancer Services of Northeast Indiana. Meets the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays from 6:30-8:00 pm. For more information, contact Cancer Services at 260-484-9560 or 866-484-9560.

## **Steuben County Caregiver Support Group**

Cameron Hospital 416 Maumee Street Angola, IN 46703

(260) 665-2141 ext. 2176

Alt. Phone: (800) 942-9583 ext. 2176

www.cameronmch.com

Email: info@cameronmch.com

This group meets the third Tuesday of each month from 2-3:00 p.m. at the Carnegie Public Library of Steuben County, 322 S. Wayne St. Angola, IN.

**VA Caregiver Support** 

2121 Lake Ave. Fort Wayne, IN 46805

(260) 426-5431 Ext: 71444

Contact:

Kathleen Hagerman, L.C.S.W., Caregiver Support Coordinator, or Dan Bishton, L.C.S.W. Call for more information.

# **Children Experiencing Loss/Young Adult Support**

Erin's House for Grieving Children, Inc.

5670 YMCA Park Drive West Fort Wayne, IN 46835

(260) 423-2466

www.erinshouse.org

Contact:

**Cindy Maldonado-Schaefer, Director of Operations** 

Email: <a href="mailto:cindy@erinshouse.org">cindy@erinshouse.org</a> **Erin's House (continued)** 

Peer support groups for children and teens (ages 3 to 17) and young adults who are grieving the death of a loved one. Parents are invited to join a group of their own. Groups meet twice a month on location at program site. Support groups for individuals ages 18-30 take place on a campus of a local university. Bereavement groups for those grieving the death of a loved one meet 6:30-8:15 p.m. Please call for specific days and additional information.

Friday at Five Grief Groups for Young Adults, ages 19-25 meet the 1st and 3rd Fridays each month, from 5 – 6 PM and are in an ongoing format, meaning you can attend for as long as you feel the need. These groups are offered at no cost. No advance registration is required.

# Rainbows for All Children, Inc.

1360 Hamilton Parkway Itasca, IL 60143-1144

(800) 266-3206 Alt. Phone: (847) 952-1770

www.rainbows.org

Email: info@rainbows.org

An international not-for-profit organization established in 1983 that assists children and their families who are grieving a death, divorce or other life altering crisis. Rainbows offers training and curricula to establish peer support groups in schools, faith communities, hospitals, and social services agencies at no cost to participants or their families. The support groups provide grieving children with an opportunity to deal with and resolve their feelings in an accepting environment.

# **Counseling**

# **A Healing House**

2016 California Avenue Fort Wayne, IN 46805 (260) 422-1218

Email: bill1218@frontier.com

Contact:

Bill Minnick, MA, LMHC, CADAC II

A not-for-profit organization specializing in helping people take whatever actions they need to improve their life and health to achieve physical, emotional, and spiritual wellness.

# Ann Flaningam, MS, LMFT, LMHC, LSW

122 La Mar St, Suite 108 Bluffton, IN 46714 (260) 827-0200

Individual and family counseling; grief and loss and bereavement counseling for children, adolescents, and adults. *Grief Support Group* meets 1<sup>st</sup> & 3<sup>rd</sup> Thursday of each month at 10am to 11:30am. Please call before attending. Call for more information.

## **Black and Associates Counseling Services**

6353 Constitution Drive Fort Wayne, IN 46804

Contact:

(260) 426-5778

# Anna Black, Cheryl Bennett, Shelly Edwards, Peggy Jones and Debra Polley

Counseling and psychotherapy for a variety of issues, including grief and loss. Serves children, adolescents, and adults of all ages in individual, couple, play therapy, and family therapy. Most insurance accepted except Medicare and Medicaid.

### **Bowen Center**

2100 Goshen Road Fort Wayne, IN 46808 (260) 471-3500 or (800) 342-5653

Contact:

## William Stephan, BS-Director

Counseling for individuals and groups, marriage, family, alcohol, and drug treatment, EAP's, depression, anxiety, inpatient psychiatric and psychological testing and evaluation. Offices also in Columbia City, Huntington, Plymouth, Wabash, Warsaw, Albion, and Syracuse.

# Cathy Miller, MS, LLC.

2330 Beacon Street, Suite 105 Fort Wayne, IN 46805 (260) 482-6472

### Contact:

### Cathy Miller, MS, NCC, LMHC

Grief and loss issues, play therapy with children, marriage and family issues including divorce and blended families. Therapy for sexual and domestic abuse, sexual orientation issues, ADHD, depression, and stress reduction.

## **The Center for Nonviolence**

235 W. Creighton Avenue Fort Wayne, IN 46807 (260) 456-4112

Groups for those who desire to change their violent behavior and groups for those who have experienced the violence of others. All programs and services are available in English and Spanish. Parenting groups and groups for children (ages 7-18). A place where previously ignored voices are respected and heard. Sliding fee scale.

# **ChoiceMakers Counseling Service**

10305 Dawson's Creek Blvd., Suite C Fort Wayne, IN 46825 (260) 485-0568

Contact:

Diana Miller-Pierce, LCSW

Individual, group, and family counseling with specialties in grief counseling, cancer patients, addictions, adult survivors of childhood abuse, and issues of retirement and aging. Child/adolescent therapy and grief work, and play therapy.

## **Christian Counseling Centers of Indiana**

Auburn Christian Counseling Center 207 N. Jackson Street Auburn, IN 46706 (260) 927-8614 or (260) 413-5120

Contact:

Dan Boen, Ph.D., HSPP

Email: dr.boen@hushmail.com

Individual, marriage, and family counseling.

# **Christian Counseling Centers of Indiana**

Avalon Christian Counseling Center 1213 St. Mary's Avenue Fort Wayne, IN 46808 (260) 402-5853 or (260) 456-8517

Contact:

Dianne Stitzer, MS, LMFT

Email: drstitzer@hushmail.com

Works with women, children, adolescents, and families, and has special expertise and training in hyperactivity/ attention deficit disorder, learning disabilities, and crisis management.

# **Connections Counseling & Life Services**

615 West Foster Parkway Fort Wayne, IN 46807 (260) 744-3767

www.connectionsfw.com

Contact:

Trish Fox, LMHC, LCAC (260) 402-1824 Janet Naish, LCSW, LCAC (260) 403-3961

Individual and family counseling covering: grief & loss, divorce and blended families, domestic abuses (including rape and sexual trauma), depression and anxiety, healthy relationship and family/couple conflict and mediation.

## **Consulting & Counseling Associates**

4214 Hobson Court Fort Wayne, IN. 46815 (260) 486-5251

www.ccagroup.org
Email: cca@ccagroup.org

### Contact:

Tamarin Anglin, MSW, LCSW, ACSW Kendra O'Connor, MSW, LCSW, LCAC

Jennifer Dailey, MSW, LCSW, ACSW Beth Castel, MS, LMFT, LCAC

Jeanne Harber-Porter, MSW, LCSW, ACSW Terry L. Anderson, MA, MSW, DMin, LCSW

Jean Oser, MS, LMFT, LCSW Mary Reiter, MS, HSPP

Family, marital, children, adolescent, individual, and group counseling. Mind and body therapy services offered. Counseling for eating disorders and addictions.

# **Cross Connections Counseling**

3705 S. Anthony Blvd. Fort Wayne, IN 46806 (260) 744-3228 ext. 327

### Contact:

## Susan Reusser, LCSW

Offers Christ-centered professional counseling through pastor referral.

### **Dar Richardson**

3821 W. County Line Road S. Fort Wayne, IN 46814 (260) 625-6749

Grief and loss counselor and educator. Private practice and support group facilitator.

## **Faith Counseling Connection**

5613 CR 29 Auburn, IN 46706 (260) 925-0798

### Contact:

### Shirley Souder, LMFT, LCSW

Christian counseling; Individual and family therapy. Ages 10 and older.

# **Family Care Center**

7407 Turkey Run Fort Wayne, IN 46815 (260) 493-0055

www.familycarectr.org

A non-profit psychological services agency offering counseling from a Christian perspective. Specialty areas include abused/or abuser, ADHD/ADD, alcohol and drug addictions, anger management, anxiety, brain injury, children/adolescents, co-dependency, depression, disease/HIV/AIDS/HIV, divorce recovery, eating disorders, grief counseling, marriage counseling, men's issues, parenting, personality disorders, pastors/professionals' counseling, pre-marital counseling, pornography addictions, psychotic disorders, sexual disorders, spiritual disorders/ issues, women's issues, meditation, developmental disabilities, psychological assessments.

# **Family Counseling Center, LLC**

117 W. 9<sup>th</sup> Street Auburn, IN 46706 **(260) 925-2017** 

www.familycounselingcenterllc.com

Contact:

Judith Williams, Psy.D., HSPP Director Dionne Couchman, MS, LCAC, LMFTA

Stephaine Hammer, MA, LMHC
Dee Couchman, MS, LCAC

## Fort Wayne Women's Bureau

2417 Fairfield Avenue Fort Wayne, IN 46807

(260) 424-7977 Counseling

Alt. Phone: (260) 426-7273 Rape Crisis Hotline

Specializing in rape and domestic violence counseling.

### **Gerard & Coslow Associates**

4656 W. Jefferson Blvd., Suite 285 Fort Wayne, IN 46804 (260) 422-9372

Contact:

Wayne M. Gerard, DCSW, LCSW Jeanette Boerger, CADAC IV Deb Roesner, LCSW Tim Theye, LCSW, LCAC C. Richard Coslow, ACSW, LCSW Andrew Liechty, MSW, LSW, Salee Reese, ACSW, LCSW, LMFT

Providing counseling services to children and adults for grief and loss issues in all areas of life. ADD/ADHD testing, eating disorders, depression, anxiety, gender and sexuality issues, geriatric, behavioral, marital, and family issues, sexual abuse, and addictions of all types

# **Harvest Counseling Group**

4216 Flagstaff Cove Fort Wayne, IN 46815-4417 (260) 485-HELP (4357)

www.harvestcounselinggroup.com

Contact:

Derek L. Paris, Psy D

John Swinehart, MS, LMFT

Roy Payne, MS, LMFT

Jeff Harmon, BS, LAC

Heidi M. Easterly, MS, LMFT, CCDVC Angela Rodgers, M Ed., LMHC

Kathy J. Gallup, MS, LMHC

Specializing in: depression, pre-marriage/marriage/re-marriage counseling, eating disorders, addictive behavior, neuropsychological testing, psychological testing, attachment disorder, grief and loss, ADD/ADHD, sexual abuse, parenting skills, custody evaluations, post-traumatic stress, gender identity, geriatric issues, and behavior problems. We accept all ages over 3 years.

# **Headwaters Counseling**

2712 S. Calhoun Street Fort Wayne, IN 46807 (260) 744-4326

www.headwaterscounseling.org

Contact:

Stephen Jarrell, Exec. Director Connie Carman, Associate Director

Ruth A. Bracht LCSW, LCAC Kristine Haworth Connerly LMFT, LCAC, ICCS

Ronald J. Furniss ACSW, LCSW, LCAC Vanessa Jones LMHC

Annette T. Meadows LMHC HAP Therese Mihlbauer PhD., HSPP

Elizabeth A. Porter MSW, LSW Laura B. Reece BSW

**Melissa Sezginer LMHC** 

Individual, couple, family, and group counseling, mental health counseling, adjustment counseling, grief and loss, alcohol and drug abuse, sexual/physical abuse, marital counseling, parent/child issues, play therapy, and EAP programs.

### **Hobson Psychiatric Services**

2021 Hobson Road Fort Wayne, IN 46805 (260) 483-3287

Contact:

Dr. Patel

Grief and loss counseling.

# **Life Transitions Counseling Center**

4630 W. Jefferson Blvd., #11 Fort Wayne, IN 46804 (260) 434-1606

www.lifetransitionscounselingcenter.net

### Contact:

# Michelle R. Miller, PHD, HSPP

Specializing in grief therapy for individuals and children. Also specializing in counseling for individuals diagnosed with cancer.

### **Hope Alive**

1747 N. Wells Street Fort Wayne, IN 46808 (260) 420-6100

Email: hopealiveinc@choiceonemail.com

### Contact:

# Betty Kahlenbeck, Director

Family, children, and marriage counseling. Support groups dealing with addictions, bi-polar disorder, self-esteem, depression, and co-dependent relationships, stress, and Christian support for loss through death. Bible study and Christ-based 12-step support group. Counseling for individuals who want to work through issues such as low self-esteem, childhood trauma, grief, eating disorders, and depression. Counseling for men and women experiencing painful stress, anxiety, or panic attacks to empower and assist with coping in positive manner. Call for information and registration.

# Magical Arts, Ltd. (260) 341-9192

## Contact:

### Jeanne K. Raines, MS, LMHC, LCC

Practicing in Churubusco and Fort Wayne. Counseling services welcoming individuals, couples, families, and adolescent or adult survivors of trauma or wounding. Working in areas of trauma, grief, relationship, spirituality, mind/body; EMDR available. Call for more information.

### Mary Locke, PhD

7337 W. Jefferson Blvd., Suite 175 Fort Wayne, IN 46804 (260) 436-7131

Individual, family, child, teen, and marriage counseling. Please call for more information.

### Pancner Psychiatric Associates, P.C.

2805 Fairfield Avenue Fort Wayne, IN 46807

(260) 456-4880

### Park Center, Inc.

909 E. State Blvd. Fort Wayne, IN 46805

(260) 481-2700 Fax: (260) 481-2717

www.parkcenter.org

Providing a full continuum of mental health services for all ages. Sliding fee scale available based on household income.

### **Parkview Behavioral Health Services**

1720 Beacon Street Fort Wayne, IN 46805 (260) 373-7500

# Dr. Patrick Connolly, PhD.

109 E. William Street Kendallville, IN 46755 (260)347-5725

Email: drPConnolly@gmail.com

Family and Marriage counseling.

### **Psychological Service Associates**

3421 E. State Blvd. Fort Wayne, IN 46805 (260) 482-8427

Contact:

Jere W. Leib, PhD Susan Dwyer, PhD Rodney E. Timbrook, PhD Nancy Gerow, LMFT

### **Renew Counseling Center**

1400 W. Washington Ctr. Rd. Fort Wayne, IN 46825 (260) 490-8585

Email: nancywilliams@firstassemblyfw.org

Located in First Assembly of God Christian Center. ACHOR-Valley of Hope: Adult Bereavement

Support Group meets each Wednesday from 7-8:30 pm in room 40.

# St. Joseph Behavioral Health Services

700 Broadway Fort Wayne, IN 46802

# (260) 425-3606 or (800) 694-9034

24/7 free assessments available. Mental health and substance abuse services for adults. Inpatient, partial hospitalization, and intensive outpatient services available.

## **Summit Counseling**

6201 Constitution Dr. Fort Wayne, IN 46804 (260)443-5743

Email: info@summit-counseling.org

Loss and Life transition counseling for people of all ages. Both male and female therapists available. Providers for most insurance.

## Thomas Doust, ACSW, LCSW

3154 Mallard Cove Lane Fort Wayne, IN 46804 (260) 432-2489

Professional counseling services specializing in grief and loss.

# Victor Rebman, PhD

Paper Mill Office #63 1910 St. Joe Center Road Fort Wayne, IN 46825 (260) 471-9902

Specializing in the treatment of depression, anxiety, and relationship building. Counseling services for grief and loss provided.

## Virginia Nixon, LCSW

Brooklyn Medical Associates Lutheran Medical Group 3534 Brooklyn Avenue Fort Wayne, IN 46809

(260) 478-5232

Counseling on death and dying, serious illness and grief. Individual and relationship services, depression, anxiety, trauma, recovery, and other life adjustments.

# **Wabash Friends Counseling Center**

3563 South State Road 13 Wabash, IN 46992

(260) 563-8453

Alt. Phone: (877) 350-1658 www.wabashfriendscounseling.com

Contact

Contact:

Stuart Hall, Clinical Director

Email: stuart@wabashfriends.org

Offers professional help for individuals, couples, families, and play therapy in a variety of areas including depression, anxiety, and panic attacks, anger management, sexual abuse, substance abuse, bi-polar, eating disorders, adolescent acting out, school problems, grief and job stressors.

# **Divorce Support**

# **College Park United Brethren Church**

1945 College Avenue Huntington, IN 46750 (260) 358-7042

Contact:

**Janet Clark** 

**DivorceCare** Two-13 week series per year to help people stabilize from the effects of separation or divorce. **DivorceCare 4 Kids**: Two-13 week series per year to help children ages 5-12 stabilize from their parents' separation or divorce.

# **Wabash Friends Counseling Center**

3563 South State Road 13 Wabash, IN 46992 (260) 563-8453

Alt. Phone: (877) 350-1658

www.wabashfriendscounseling.com

Contact:

**Stuart Hall, Clinical Director** 

Email: stuart@wabashfriends.org

**DivorceCare** Every Tuesday at 6:30 pm in room 112 at the Wabash Friends Church. Call for information.

# **HIV/AIDS Support**

AIDS Task Force, Inc.

525 Oxford Street Fort Wayne, IN 46806

(260) 744-1144

Fax: (260) 745-0978

www.aidsfortwayne.org

### Contact:

## **Kris Wise, Director of Client Services**

AIDS task force provides client services for persons infected and affected by HIV/AIDS. HIV/AIDS educational programs are provided in 11 northeastern Indiana counties. PWA-Persons with HIV/AIDS group meets Monday nights at 5:30p.m., located at 415 East Wayne St., Fort Wayne, IN 48602. Call for more information.

# **Mental Health Support**

NAMI Fort Wayne- National Alliance on Mental Illness PO Box 6143 Fort Wayne, IN 46896-0143 (260) 447-8990

www.nami.org

Email: namifortwayne@gmail.com

Support groups for families and friends of persons with serious mental illness and support groups for persons living with serious mental illness. Education workshops for families, consumers, and professionals. Meetings held every Tuesday 7-9 p.m., The Carriage House 3327 Lake Avenue, Fort Wayne, IN 46805.

# Mind & Body

### **Five Elements Wellness**

Home office: 2232 State Route 114 Payne, OH (260) 517-9123

(419) 263-3601

http://fiveelements.vpweb.com/ Email: lorriew24@hotmail.com

Contact: Lorrie Watkins AA, APP

# Mind and Body

# **Five Elements Wellness (continued)**

Polarity therapy (gentle, energy-balancing sessions/self-help exercise/dietary guidance). Services in office by appointment only or will travel to homes, nursing facilities, etc. as long as it is 30 minutes or less from the Ohio line.

## **Living Well Center**

10211 Auburn Park Drive Fort Wayne, IN 46825 (260) 490-1180

www.livingwellcenter.net

### Contact:

**Dr. Rebecca Minser** Tina M. Zion Dr.Lauren Warner DyanneGregg, LMT Holistic and integrative medicine, acupuncture, supplements & nutrition, professional therapeutic massage, reiki, spiritual mentoring, mental health counseling for individuals and couples.

# **Mind Body Connection**

3290 Mallard Cove Lane Fort Wayne, IN 46804 (260) 459-2305

### Contact:

## Laurie Rainey Schmidt-

• Counseling; Shamanic healing-a spiritual method for addressing illness and low energy.

### **Mona Beesley-**

• Healing touch (energy balancing), Body Talk, lymphatic drainage massage; infrared therapy available

# Trinda Wagner-

Oncology massage and massage therapy with energy work

# John Porter-

Acupuncture

### **Diane Miller-**

Reflexology

# Leatha Blazetic-

Hypnotism

# Parent Support after the Death of A Child

## **The Compassionate Friends**

First Presbyterian Church, The Parlor (2<sup>nd</sup> Floor) 300 W. Wayne Street Fort Wayne, IN 46802 (260) 627-3451

National Office, Toll Free: (877) 969-0010

www.compassionatefriends.org Email: michelleaa@frontier.com

Contact:

### Michelle Amstutz

A self-help organization that is open to all bereaved families that have experienced the death of a child, sibling, or grandchild from any cause, at any age, from pre-birth to adulthood. The mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child and to provide information to help others be supportive. Bi-monthly newsletter and Lending Library with grief related material available to the public. Monthly meetings on 1<sup>st</sup> Tuesday of each month, 7:00pm - 9:00pm with the exception of July & December.

## **Dupont Hospital**

2520 E. Dupont Road Fort Wayne, IN 46825

### Contact:

Chaplain Kris McPherson <a href="mailto:kmcpherson@lhn.net">kmcpherson@lhn.net</a> (260) 416-3068 Wednesday through Friday, days.

Resolve Through Sharing Support Group ~for anyone who has lost an infant through miscarriage, stillbirth, or death of an infant (need have no affiliation with Dupont Hospital). Held on the first Thursday of every month, from 7:00 - 9:00 p.m. in the Resource Center of Dupont Hospital. The Resource Center can be accessed by entering the doors at the 2514 Medical Office Building on the northeast side of the hospital and is located on the second floor, Suite 210. There is no cost to participate. Childcare is not provided. For additional information, please contact Chaplain Kris.

## **Parkview Women's Health Center**

11123 Plaza Dr., Suite 200 (Entrance 1) Fort Wayne, IN 46845 (260) 672-6500

When a Baby Dies: Dealing With Perinatal Loss Support Group open to any pregnancy loss meets 2<sup>nd</sup> & 4<sup>th</sup> Thursday of each month from 7-8:30 pm. Call for more information.

# **Post Abortion Support Services**

# A Hope Center, Pregnancy and Relationship Resources

4705 Illinois Road, Suite 115 Fort Wayne, IN 46804 (260) 969-6633

24 hour hotline: (260) 422-3544

www.ahopecenter.com Email: elisadavis@ahcfriends.org

Contact: Elisa Davis

Resources ~ General Loss Information

# Mildred M. McComb Library

DO McComb & Sons, Arrangement Center 1140 Lake Avenue Fort Wayne, IN 46805 (260) 426-9494

Extensive collection of grief and loss materials for all ages. Hours are Monday-Friday, 9:00 am-5:00p.m. Evenings and weekends by appointment.

# **United Way of Allen County 2-1-1**

334 E. Berry Street Fort Wayne, IN 46802

2-1-1

http://www.referweb.net/uwac/

United Way of Allen County 2-1-1 is a comprehensive information and referral service linking people in need with appropriate social service agencies. Referrals are provided by telephone. United Way of Allen County 2-1-1 is the regional 2-1-1 Call Center for northeastern Indiana. Services are available to callers from: Adams, Allen, DeKalb, Huntington, LaGrange, Noble, Steuben, Wabash, Wells, and Whitley counties. Free, 24 hour information and referral assistance.

# **Stephen Ministries**

# **Aldersgate United Methodist Church**

2417 Getz Road Fort Wayne, IN 46804 (260) 432-1524

Email: adlersgate office@yahoo.com

Contact:

**Karen Bandelier or Linda Davis** 

### **Bethlehem Lutheran Church**

3705 S. Anthony Blvd. Fort Wayne, IN 46806 (260) 744-3228 ext. 300

Contact:

Sharon Dietrich (260)432-8843

# **Concordia Evangelical Lutheran Church**

4245 Lake Avenue Fort Wayne, IN 46815 (260) 422-2429

Email: kpape@concordiachurch.org

Contact:

**Director of Care Ministry** 

### **Covenant United Methodist Church**

10001 Coldwater Road Fort Wayne, IN 46825 (260) 489-1888

Email: pastor@covenantumc.net

Contact:

Jan Funk

### **Emmanuel Lutheran Church**

917 W. Jefferson Fort Wayne, IN 46802 (260) 423-1369

Contact:

Lana Hille

# **Stephen Ministries**

# **Epiphany Lutheran Church**

6606 Maplecrest Road Fort Wayne, IN 46835

(260) 485-5122 Fax: (260) 485-5122

Contact:

**Pastor Richard Hartman** 

Email: pastor@epiphanyfw.com

# **First Wayne Street United Methodist Church**

300 E. Wayne Street Fort Wayne, IN 46802

(260) 422-4681 Fax: (260) 424-2146

Email: firstwaynestreet@FWSUMC.org

Contact:

**Don Warner** 

# **Holy Cross Lutheran Church**

3425 Crescent Avenue Fort Wayne, IN 46805 (260) 483-3173

Contact:

**Pastor Mark Neubacher** 

### **Resurrection Lutheran Church**

14318 Lima Road Fort Wayne, IN 46818 (260) 637-5900

Contact:

**Barb Limbach** 

# Saint John's Evangelical Lutheran Church

729 W. Washington Blvd. Fort Wayne, IN 46802 (260) 426-5751

Contact:

**Tony Shelton** 

# **Stephen Ministries**

## St. John's Lutheran Church

7914 W. Cook Road Fort Wayne, IN 46818 (260) 489-5031

Email: office@stjohnslaketownship.org

Contact:

**Pastor Ralph Easterhaus** 

### **Saint Michael Lutheran Church**

2131 Getz Road Fort Wayne, IN 46804 (260) 432-2033

Contact:

Debbie Gotsch (260) 471-2260

# **Trinity English Lutheran Church**

405 W. Wayne Street Fort Wayne, IN 46802 (260) 426-3424

www.trinityenglish.org
Email: trinity@trinityenglish.org

Contact:

**Pastor Kathleen Haller** 

## **Pastor Daniel Fugate**

# **Waynedale United Methodist Church**

2501 Church Street Fort Wayne, IN 46809 (260) 747-7424

www.waynedaleumc.com

Contact:

**Pastor Ted Jansen** 

# **Support for Families after Suicide**

### We the Living

Plymouth Congregational Church 501 W. Berry Street Fort Wayne, IN 46802

Immediate Help: 1-800-273-8255

(260) 387-6934

www.wethelivingfw.org

We the Living (continued) Support for Families after Suicide

Contact:

Jennifer

jenfer86@gmail.com

Laurie

bunkie26@gmail.com

Support for family and friends of people who have died by suicide. Phone help is available anytime for emotional support. Group meeting 2<sup>nd</sup> Wednesday of each month at 7:00 p.m.

# **Web Based Resources**

# Willowgreen® Inspirations

www.willowgreen.com

"Willowgreen is a multifaceted provider of information, inspiration and support for life transition and aging, loss and grief, illness and caregiving, hope and spirituality, and healing presence. Its books, tapes, CDs, DVDs, notecards, and photography blend the modern with the age-old, the practical with the poetic. Willowgreen is the creation of James E. Miller."

<u>Willowgreen's 1-minute inspirations</u>: Short, one minute videos that will inspire you and touch your heart and soul. A new video debuts each Wednesday morning.

### Invisible Ink®

# The Workshop: Invisible Ink®: Writing Through Your Grief

This 9-week online course helps you safely express what is in your heart after the death of a cherished love one. As you pour your heart out on paper, the pain of your loss is transformed. Combining insights about creativity and grief, audio-based guided meditations to help quiet your mind, and a specific topic each week to write to your loved one about, this workshop gives you a roadmap for putting words to-and thereby, healing- the pain of the loss you have suffered. [Total cost is \$25.]

Information about how to access The Workshop may be found at Kathy Curtis's website: <a href="https://www.kathycurtisink.com">www.kathycurtisink.com</a>

<u>The Workshop:</u> *Invisible Ink®: Writing Through Your Grief* is also available periodically through Cancer Services and Visiting Nurse at no charge. Contact Cancer Services at (260) 484-9560 or Bonnie Davis and Lili Carroll at (260) 435-3222.

# **Resources for Life Losses**

is provided by Cancer Services of Northeast Indiana. Please email any additions or corrections regarding this list, to:

ghamm@cancer-services.org or call Gail at (260) 484-9560.

# **About Cancer Services of Northeast Indiana**

Cancer Services' mission is to enhance the quality of life of those affected by cancer by providing meaningful resources, information and compassionate assistance. Last year, more than 2,600 local people with cancer and their families received emotional support and practical resources for their cancer journey. Cancer Services of Northeast Indiana helps people who live in Allen, Adams, DeKalb, Huntington, Kosciusko, LaGrange, Noble, Steuben, Wabash, Wells, and Whitley counties.

For more information, visit: <a href="https://www.cancer-services.org">www.cancer-services.org</a>

6316 Mutual Drive Fort Wayne, Indiana 46825 260-484-9560 or toll free 866-484-9560



Side by side. Every step of the way.