Cancer Services OF NORTHEAST INDIANA

For Immediate Release

May 10, 2023 Contact: Audrey Mumma, Director of Communications

Cancer Services of Northeast Indiana amumma@cancer-services.org

(260) 484-9560

Cancer Services to host Spiritual Forest Therapy Walk on May 20

FORT WAYNE, IND. – Cancer Services of Northeast Indiana is hosting a spiritual forest therapy walk on May 20, 2023 at LC Nature Park. Spiritual forest therapy promotes wellness and healing through reconnecting with and immersing oneself in nature. Christy Knecht, a trained Forest Therapy Guide, will guide participants through a series of meditations as they explore LC Nature Park.

The Spiritual Forest Therapy Walk is open to the public. Details are provided below.

WHAT: Spiritual Forest Therapy Walk

WHERE: LC Nature Park

9744 Aboite Rd., Roanoke, IN 46783

WHEN: May 20, 2023, 1 – 3:30 p.m.

REGISTER: Contact Ann Hathaway at (260) 484-9560 or ahathaway@cancer-services.org

About Cancer Services of Northeast Indiana

Cancer Services' mission is to enhance the quality of life of those affected by cancer by providing meaningful resources, information, and compassionate assistance. Last year, 4,423 local people with cancer and their families received emotional support and practical resources. Cancer Services of Northeast Indiana helps people who live in Allen, Adams, DeKalb, Huntington, Kosciusko, LaGrange, Noble, Steuben, Wabash, Wells, and Whitley counties.

For more information, visit www.cancer-services.org.

###